

ESU WOMEN'S SWIMMING TOP 10 TIMES (1995-2025) (as of 3-4-25)

50 Free

1. Vera Renshoff (2023-24)	23.49
2. Annie Fagan (2016-17)	23.87
3. Briana Hall (2017-18)	24.23
4. Brianna Wasem (2024-25)	24.36
5. Olivia Lukshides (2018-19)	24.42
6. Erin Kowalik (2000-01)	24.55
7. Karoline Vavra (2012-13)	24.56
8. Andrea Tremper (2012-13)	24.59
9. Anna Stauffer (2024-25)	24.77
10. Sarah Roscioli (2009-10)	24.79

100 Free

1. Vera Renshoff (2022-23)	51.03
2. Olivia Lukshides (2018-19)	52.16
3. Brianna Wasem (2024-25)	52.69
4. Annie Fagan (2017-18)	52.71
5. Anna stauffer (2024-25)	52.91
6. Karoline Vavra (2012-13)	53.18
7. Briana Hall (2017-18)	53.31
8. Andrea Tremper (2012-13)	53.61
9. Sally Kaminski (2005-06)	53.84
10. Ashleigh Podhayny (2014-15)	54.06

200 Free

1. Vera Renshoff (2024-25)	1:51.23
2. Anique Hazebroek (2024-25)	1:54.96
3. Anna Stauffer (2024-25)	1:55.57
4. Olivia Lukshides (2018-19)	1:55.70
5. Ashleigh Podhayny (2015-16)	1:55.89
6. Brianna Wasem (2024-25)	1:56.48
7. Allison Schafer (2013-14)	1:57.14
8. Karoline Vavra (2012-13)	1:57.37
9. Sally Kaminski (2005-06)	1:57.53
10. Christine Swiker (2009-10)	1:57.96

500 Free

1. Anique Hazebroek (2024-25)	5:05.10
2. Allison Schafer (2013-14)	5:09.46
3. Tarah Killane (2016-17)	5:12.19
4. Anna Stauffer (2024-25)	5:15.47
5. Cyndi Kline (2013-14)	5:15.67
6. Olivia Lukshides (2017-18)	5:21.59
7. Heather Clouser	5:23.06
8. Christine Swiker (2008-09)	5:24.64
9. Brianna Wasem (2024-25)	5:25.45
9. Justine Grilz	5:25.51
10. Kelly Wright	5:25.60

1000 Free

1. Allison Schafer (2013-14)	10:27.96
2. Anique Hazebroek (2024-25)	10:29.10
3. Tarah Killane (2017-18)	10:44.55
4. Cyndi Kline (2015-16)	10:54.10
5. Ashleigh Podhayny (2014-15)	10:57.59
6. Jennifer Lauer (2013-14)	11:03.17
7. Heather Clouser	11:13.08
8. Rose Mascoli (2009-10)	11:13.38
9. Helia Wang (2023-24)	11:15.54
10. Alyssa Brown (2024-25)	11:22.47

1650 Free

1. Anique Hazebroek (2024-25)	17:26.99
2. Allison Schafer (2013-14)	17:50.50
3. Tarah Killane (2016-17)	17:57.33
4. Cyndi Kline (2013-14)	18:26.16
5. Helia Wang (2024-25)	18:42.38
6. Marlo Smurda (2002-03)	18:53.10
7. Rose Mascoli (2009-10)	18:55.06
8. Madison Tafe (2021-22)	18:57.70
9. Jennifer Lauer (2016-17)	18:59.57
10. Sam Grayauskie (2022-23)	19:01.00

200 IM

1. Ashleigh Podhayny (2014-15)	2:08.38
2. Christine Swiker (2009-10)	2:09.20
3. Allison Cardow (2017-18)	2:09.69
4. Sophie Coy (2012-13)	2:11.26
5. Kate Zimmerman (2017-18)	2:11.29
6. Sami Vavra (2010-11)	2:12.49
7. Natalie Weingartner (2003-04)	2:13.22
8. Kimberly Lawson (2011-12)	2:13.26
9. Jamie Kane (2014-15)	2:15.15
10. Bri Bieber (2017-18)	2:15.28

400 IM

1. Ashleigh Podhayny (2014-15)	4:35.18
2. Christine Swiker (2009-10)	4:37.88
3. Allison Schafer (2013-14)	4:39.69
4. Kate Zimmerman (2015-16)	4:42.30
5. Sarah Luigard (2019-20)	4:46.66
6. Bri Bieber (2017-18)	4:48.24
7. Allison Cardow (2017-18)	4:48.63
8. Kelly Wright	4:50.90
9. Marlo Smurda	4:51.14
10. Sophie Coy (2014-15)	4:51.53

100 Fly

1. Allison Cardow (2017-18)	58.05
2. Kimberly Lawson (2012-13)	58.41
3. Briana Hall (2017-18)	58.66
4. Annie Fagan (2017-18)	59.19
5. Avery Fohring (2024-25)	59.21
6. Mara Palazzari (2014-15)	59.22
7. Sophie Coy (2014-15)	1:00.05
8. Jamie Miller (2000-01)	1:00.37
9. Christine Swiker (2008-09)	1:00.45
10. Shelby Stalnaker (2013-14)	1:00.79

200 Fly

1. Allison Cardow (2017-18)	2:10.77
2. Sarah Luigard (2021-22)	2:12.59
3. Allison Schafer (2013-14)	2:12.76
4. Avery Fohring (2022-23)	2:13.21
5. Christine Swiker (2009-10)	2:13.72
6. Kimberly Lawson (2011-12)	2:14.67
7. Jamie Miller	2:15.08
8. Julie Steele	2:16.67
9. Emily Gambler (2024-25)	2:16.73
10. Dayne Martin (2014-15)	2:17.74

100 Back

1. Ashleigh Podhayny (2014-15)	58.68
2. Colleen Dwyer (2016-17)	58.88
3. Natalie Weingartner (2003-04)	59.40
4. Kimberly Lawson (2011-12)	59.91
5. Sami Vavra (2012-13)	1:00.14
6. Shelby Stalnaker (2013-14)	1:01.16
7. Taylor Howery (2019-20)	1:01.21
8. Jenna Johnson (2022-23)	1:01.64
8. Kaitlyn Casciole (2016-17)	1:01.69
9. Ava Palochik (2024-25)	1:00.76
10. Heather Clouser (2000-01)	1:01.85

200 Back

1. Ashleigh Podhayny (2014-15)	2:06.52
2. Natalie Weingartner (2002-03)	2:10.35
3. Kimberly Lawson (2012-13)	2:11.10
4. Allison Cardow (2017-18)	2:11.79
5. Heather Clouser (2001-02)	2:11.92
6. Jenna Johnson (2023-24)	2:12.68
7. Colleen Dwyer (2017-18)	2:12.95
8. Shelby Stalnaker (2013-14)	2:13.34
9. Mackenzie Spence (2024-25)	2:14.01
10. Taylor Howery (2019-20)	2:14.87

100 Breast

1. Sami Vavra (2012-13)	1:06.09
2. Kate Zimmerman (2015-16)	1:06.41
3. Tamara Engler (2024-25)	1:06.63
4. Kennedy Leveto (2023-24)	1:06.74
5. Sophie Coy (2012-13)	1:07.02
6. Sarah Roscioli (2010-11)	1:07.48
7. Jamie Kane (2013-14)	1:07.99
8. Ashleigh Podhayny (2015-16)	1:08.64
9. Kelly Buyaskas (2016-17)	1:08.77
10. Anna Stauffer (2024-25)	1:08.90

200 Breast

1. Sophie Coy (2012-13)	2:24.59
2. Sami Vavra (2012-13)	2:25.95
3. Kate Zimmerman (2017-18)	2:26.96
4. Kennedy Leveto (2024-25)	2:27.91
6. Jamie Kane (2014-15)	2:28.68
7. Sarah Roscioli (2009-10)	2:30.19
8. Tamara Engler (2024-25)	2:30.44
9. Kelly Wright	2:30.88
10. Corinne Harbold	2:30.99
10. Shirley Samson (2016-17)	2:31.07

Note: Times on this page are the top times for ESU Swimming since the program was reinstated in 1995-96.

School records prior to 1990 are on the next page.

ESU WOMEN'S SWIMMING RECORDS (1961-1990)

FREESTYLE

50	24.13	Karen Linck	1978
100	53.95	Karen Linck	1977
200	1:59.43	Judy Tooher	1981
500	5:19.60	Jackie Rulon	1985
1000	11:03.66	Jackie Rulon	1987
1650	18:17.09	Jackie Rulon	1987

BACKSTROKE

50	29:38	Judy Tooher	1981
100	1:04.05	Katie Jordan	1988
200S	2:16.34	Katie Jordan	1988

BREASTSTROKE

50	32.00	Mary Pakenas	1972
	32.00	Cathy Crigler	1978
100	1:10.69	Mary Pakenas	1973
200	2:35.51	Kim Heller	1985

BUTTERFLY

50	25.82	Karen Linck	1977
100	58.55	Karen Linck	1977
200	2:14.60	Judy Tooher	1981

INDIVIDUAL MEDLEY

100	1:02.99	Cathy Crigler	1978
200	2:18.61	Sue Fay	1987
400	4:54.40	Katie Jordan	1988

FREESTYLE RELAY

200	1:38.82	Diane Adam, Cathy Crigler, Gale Cressman, Karen Linck	1978
400	3:42.12	Cathy Crigler, Diane Adam, Gale Cressman, Karen Linck	1978
800	8:40.26	Kay Turner, Diane Adam, Gale Cressman, Pat Neely	1980

MEDLEY RELAY

200	1:51.73	Gale Cressman, Cathy Crigler, Karen Linck, Diane Adam	1978
400	4:21.19	Gale Cressman, Karen Andraka, Judy Tooher, Kay Turner	1981